

# Wie willst du dich heute fühlen?

## HERZLICH

### DINKEL-PANCAKES<sup>1,2</sup>

SCHOKO-SOSSE | FRISCHES OBST | SOULMADE GRANOLA TOPPING<sup>4</sup>

*SPELT PANCAKES | CHOCOLATE SAUCE | FRESH FRUITS | SOULMADE GRANOLA*

10.5

## BEGEISTERT

### FRENCH-TOAST<sup>1</sup>

VANILLE JOGHURT<sup>2</sup> | SOULMADE BERRY-CHIA-JAM | FRISCHES OBST | SOULMADE GRANOLA TOPPING<sup>4</sup>

*VANILLA YOGHURT | BERRY CHIA JAM | FRESH FRUITS | SOULMADE GRANOLA*

10.5

## KRAFTVOLL

### GEGRILLTES ANTIPASTI GEMÜSE

GERÖSTETES LANDBROT<sup>1</sup> | HUMMUS | CHERRY-TOMATEN | RADIESCHEN | AVOCADO-CASHEW-PESTO<sup>4</sup> | SPROSSEN

*GRILLED ANTIPASTI VEGGIES | ROASTED BREAD | HUMMUS | TOMATOES | RADISH | AVOCADO CASHEW PESTO | SPROUTS*

10.5

## SEXY

### PASTA SALAD BOWL

VOLLKORN-PASTA<sup>1</sup> | GEGRILLTES GEMÜSE | RUCOLA | GETROCKNETE TOMATEN | AVOCADO-CASHEW-PESTO<sup>4</sup>

*WHOLEMEAL PASTA | GRILLED VEGGIES | ARUGULA | DRIED TOMATOS | AVOCADO-CASHEW-PESTO*

9.9

## HERVORRAGEND

### WILD BERRY TONKA PORRIDGE<sup>1</sup>

TONKABOHNE | SOULMADE GRANOLA<sup>4</sup> | ERDNUSSMUS<sup>3</sup> | FRISCHES OBST

*TONKA BEAN | SOULMADE GRANOLA | PEANUT BUTTER | FRESH FRUITS*

9.5

## GLÜCKLICH

### CHOCOLATE SMOOTHIE BOWL<sup>1</sup>

HAFERFLOCKEN | KAKAO | AVOCADO | BANANE | GEBACKENER BUCHWEIZEN | FRISCHES OBST | MANDELMUS<sup>4</sup>

*OATS | COCOA | AVOCADO | BANANA | ROASTED BUCKWHEAT | FRESH FRUITS | ALMOND BUTTER*

9.5

## MUTIG

### RÜHREI OHNE EI

RÜHRTOFU<sup>2</sup> | KURKUMA | SAUTIERTE CHAMPIGNONS | BABY-SPINAT | CHILI-FLOCKEN | GERÖSTETES LANDBROT<sup>1</sup>

*SCRAMBLED TOFU | TURMERIC | SAUTÉED MUSHROOMS | BABY SPINACH | CHILI FLAKES | ROASTED BREAD*

10.5

## FIT

### PROTEIN SALAD BOWL

QUINOA | GEBRATENER RÄUCHERTOFU<sup>2</sup> | BABY-SPINAT | AVOCADO | HANFSAMEN | TAHIN-SOSSE

*QUINOA | FRIED SMOKED TOFU | BABY SPINACH | AVOCADO | HEMP SEEDS | TAHIN SAUCE*

9.9

100% VEGAN. 100% SOULMADE. 0% RAFFINIRTER ZUCKER.

- BITTE AM TRESSEN BESTELLEN -